



# LOMC RETREAT (TOGETHER)

## RETREAT CABIN GUESTS

### THANK YOU!

We are very thankful  
that you are with us!

As a non-profit, we are able to keep fees lower than other hospitality venues because of generous donors.

Without donations throughout the year, our costs and fees would be significantly higher. Consider making a donation to LOMC to help us continue to help groups just like yours.

On our website ([www.lomc.org](http://www.lomc.org)) you will find an evaluation form available.

*Please take a few minutes and let us know about your experience at LOMC.*

# Welcome to LOMC

## Lutheran Outdoor Ministries Center

We are pleased you have chosen to spend time in God's Creation experiencing relationships with God,  
nature and each other while you are staying with us.

LOMC is 640 acres of prairie, St. Peter sandstone,  
a beautiful pond, hills, numerous trails and amazing  
flora and fauna throughout.

LOMC is part of the [Evangelical Lutheran Church in America](#) and also part of the Central/Southern Illinois,  
Metropolitan Chicago and Northern Illinois Synods.

ELCA Lutherans are rooted in Martin Luther's  
understanding that **we are ALL saved by Grace through faith**. You are most welcome  
here at LOMC and we hope your time allows you to have an experience of rest,  
re-creation and growth.



# COVID-RELATED GROUP PROCEDURES

- Wear masks inside all buildings and outdoors when in close proximity to each other.
  - Exceptions include eating and sleeping.
  - Please plan on bringing masks wherever you go onsite or offsite.
- Wash/disinfect hands when entering a building.
  - This will help reduce spread of disease.
- Retreat Cabins
  - 5 rooms available (middle room has metal bunks)
  - Assign rooms with no more than 3 per room.
  - Stay in your same room for your entire stay.
  - Only go in and out of your outside room door.
  - Stay in the same bunk for your entire stay.
  - “Head” and “feet” are labeled. Please sleep in this direction to reduce spread of disease.
  - Do not use top bunks. Air vents blow over those beds, so to reduce exposure please sleep only in lower bunks.
  - Do not go into each others’ rooms. Meet outside or in Perch or Roost buildings in order to maintain distance.
  - For lowest possible risk: one at-a-time in the bathrooms.
    - 2 bathrooms per cabin plus restroom in Perch/Roost buildings.
- Meals
  - For cookouts, please see special instructions inside bin for best practices in keeping your group safe.
  - For Dining Hall meals, a host will guide you through all procedures. For your first meal, please wait for the host inside the Moline Dining Hall by the fireplace. Have your group wash their hands in the restrooms off the hallway behind the fireplace.
- Cleaning, First Aid, Etc.
  - Cleaning supplies are located near the restroom in the Perch/Roost building.
  - We do not have staff available for first aid. Leaders are responsible for their own group members.
  - An AED and first aid kit are available in the Perch/Roost building.
  - **We will be disinfecting your cabin area on your full day only.** Please tell us your time preference as you cannot be in the cabin area during this time.





# GENERAL GROUP PROCEDURES

- Keep food inside the Perch or Roost buildings to prevent mice and insects.
- Minors should be supervised by two adults at all times.
- No one should go off on trails (or really anywhere) alone.
- Do not approach any animals. All animals at LOMC are wild and should be left alone. Do not try to feed any animals.
- Minimize driving up and down the hill. Walk whenever possible.
- Please park only in the cabin parking lot. Dirt roads off of parking lots are for maintenance and emergency vehicles only.
- Your group is responsible for any damages.
- Take only pictures. Leave only footprints. Enjoy your time.

## CABINS

- Always make sure nothing obstructs your ability to safely leave the cabin in case of an emergency.
- Please do not move bunks.
- Keep showers short. The water heater is small for each cabin so best practice is to have some shower at night and others in the morning (and be quick).
- Heating and Air-Conditioning: Each cabin has THREE thermostats. Please adjust for your comfort but turn up or down if you will not be the building for a few hours or more (saves LOMC and the environment).
- Turn off all lights when not in use.
- Please place all trash in garbage cans.



## PERCH or ROOST BUILDINGS

- Meeting building only. Not to be used as a gym.
  - Low impact activities are allowed. No balls, bats, or other sports equipment allowed.
- TV, Blu-ray player, microwave and refrigerator are available for your use.
- Heating and Air-Conditioning: The Perch and Roost have smart thermostats. Please turn the outside ring of the thermostat to adjust for your comfort but turn up or down if you will not be in the building for a few hours or more (saves LOMC and the environment). If temperature seemed to get warmer or colder the built-in program may have started—please readjust as needed.

# **GUEST SERVICES**

## **FOR EMERGENCIES DIAL 911**

Address: 1834 SOUTH ILLINOIS ROUTE 2, OREGON IL

## **QUESTIONS/NEEDS DURING YOUR STAY**

We ask that only the leader of your group contact us  
so we can be more efficient.

**Preferred Contact: TEXT us at 815-732-2220**

You may also call us at the above number.

## **CHECK-OUT**

Please be out of your Retreat Cabin by 10:30AM the day of your departure. If your departure time is different, please check with your group leader.

- Please check your cabin area for personal items completely before you leave.

## **ACTIVITIES ON YOUR OWN**

**Fishing:** Bring your own supplies and fish at Paul's Pond from shore or dock.  
No personal boating or swimming allowed.

**Prayer Labyrinth:** Located a short distance from Freedom Tree Village and available year-round.

**Gaga Ball, Human Foosball, Volleyball:** Balls are available for your group's use.  
Please contact the office before your stay so we can accommodate you.

**Hiking:** Extensive trails are located throughout our 640+ acres. Please pick up a map for more information.

## **DAMAGES**

Your group is responsible for all damages to LOMC property. Accidents can happen and we appreciate you letting us know when damages occur as soon as possible.

## **DRIVING / PARKING ON LOMC GROUNDS**

**Please park only in designated parking areas** (do not park on or off the road). Please do not park in the small parking area next to the Dining Hall (reserved for food service staff).

For safety, **please drive SLOWLY** throughout LOMC. Please keep vehicles to **15mph**.  
Dirt roads are different than paved surfaces so drive carefully.

## **CAMPFIRE**

We can supply your group with some starter logs and we encourage you to find additional wood within the forest or purchase in town (Ace Hardware for example).

## **ICE MACHINE**

There is an ice machine available in the Hospitality Center (Freedom Tree Village) for guest use. Please use only the scoop and DO NOT place anything (other than the scoop) inside the ice machine.

## **LOST and FOUND**

If you are missing an item please let your group leader know. If you arrive home missing an item, please contact the LOMC office. We can ship your item back to you at your expense. Please check your room completely before you leave.

## **PAYMENT**

1.5% Late Fee After 30 Days

As a non-profit, we expect payment be made before your departure. Any exceptions should be arranged before your stay with our registrar in the LOMC Office. A late fee is assessed after 30 days from your stay.

## **PETS**

Due to the wide variety of guests and the limited number of rooms we do not allow pets at LOMC.

## **QUIET HOURS**

We respectfully ask every guest to observe quiet time between the hours of 10:00 pm and 6:00 am daily.

## **SAFETY and SECURITY**

**IN CASE OF TORNADO:** Move to the basement of the Perch or Roost meeting buildings.  
Entrance is outside around the back (go down stairs).

LOMC is a very safe place to stay and to build relationships.

A security camera is located on the office building and we monitor/record visitors.

Despite LOMC being a safe place, we always recommend using your best judgment with your personal safety.

## **SAVING ENERGY**

Please **turn lights out** when you leave a room or building. Adjust temperature in rooms to save the environment when you are not going to be around for more than a couple of hours or more.

## **SMOKING**

Smoking and vaping is not allowed in any buildings at LOMC.

# OREGON IL—AREA GUIDE

## Coffee and Drinks ☕

### **Blackhawk Nutrition**

#### **Smoothie and Juice Bar**

312 Washington St, Oregon

### **Hazel's**

307 W Washington St, Oregon

815-732-7017

### **The Village Bakery**

101 N 3rd St, Oregon

815-732-3830

### **Cork & Tap (Wine & Tap House)**

305 W Washington St, Oregon

815-677-6776

## Ice Cream 🍦

### **Dairy Queen**

210 E Washington St, Oregon

815-881-8025

### **Jay's Drive In**

107 W Washington St, Oregon

815-732-2396

### **Northside BarbaQ**

117 N 4th Street

(815) 881-8277

## Banks 🏧

### **Central Bank**

307 Franklin St, Oregon

815-732-3282

### **Harvard State Bank**

510 W. Washington Street,

Oregon 815-732-3111

### **Stillman Bank**

1445 IL-2, Oregon 815-732-7956

## Entertainment &

## See and Do 🏰

### **AMC Classic Sauk Valley 8**

4110 30th St, Sterling

### **Castle Rock State Park**

1365 W Castle Rd, Oregon

### **John Deere Historic Site**

Demonstrations, Tours,

Artifacts (FREE)

8334 South Clinton Street

Grand Detour (Dixon), IL

### **Lowden State Park**

features "Blackhawk Statue"

1411 N River Rd, Oregon

### **Maxson Restaurant and**

#### **Riverboat**

1469 Illinois 2, Oregon

[www.maxsons.net](http://www.maxsons.net)

### **Plum Hollow Family Center**

Bowling, arcade, laser tag, mini golf

1933 IL Rt 26, Dixon

**Phone** (815) 271-4101

[www.bowldixon.com](http://www.bowldixon.com)

### **Town and Country Lanes Bowling**

4031 W Mud Creek Rd,

Mt. Morris 815-734-7787

### **White Pines Roller Rink**

6929 W Pines Rd, Mt Morris

815-946-9988

### **White Pines Playhouse**

(Dinner Theater)

6712 West Pines Road, Mt. Morris

[www.whitepinesinn.com](http://www.whitepinesinn.com)

### **White Pines State Forest Park**

6712 West Pines Road,

Mt. Morris

## Gas 🚗

### **Casey's General Store**

901 W Washington St, Oregon

815-732-6100

### **BP**

108 E Washington St, Oregon

815-732-6931

### **Shell**

201 S 4th St, Oregon

815-732-2688

## Gifts, etc.

### Books On First

201 W 1st St, Dixon

### Conover Square

(retail, resale & more)

201 N 3rd St #236, Oregon

[www.conoversquaremall.com](http://www.conoversquaremall.com)

### Oregon Soap Shoppe

91C Daysville Rd, Oregon

866-411-6614

## Medical

## Dial 911 for Emergencies

### KSB Hospital

403 East 1st Street , Dixon

815-288-5531

### Physicians Immediate Care

Partner with KSB Hospital

1672 South Galena Ave, Dixon

815-677-9899

### Synders Pharmacy / Ace Hardware

201 N 4th St #1418, Oregon

815-732-7340

## RESTAURANTS

### Sit Down

#### Aero Ale House

120 N Union St, Byron

815-406-8053

#### Dos Amigos

198-100 N Hastings Ave,

Oregon 815-732-4444

#### Blackhawk Steak Pit

1429 IL-2, Oregon

815-732-2500

#### Hairy Cow Brewing Company

450 E Blackhawk Dr, Byron

815-406-8198

#### Hector's Cocina

201 N 3rd St, Oregon

815-881-8338

#### Galena Steakhouse

1101 N Galena Ave, Dixon

815-285-1625

#### La Vigna

2190 Daysville Rd, Oregon

815-732-4413

#### Maxon Riverboat & Restaurant

1469 N, IL-2, Oregon

815-732-6761

#### Spring Valley

300 E Washington St, Oregon

815-732-4877

#### Sunrise 3

116 N 4th St, Oregon

815-732-2022

#### Swedish Pancake House & Café

127 W 2nd St, Byron

815-234-7660

#### The Pepper Mill

*On Route 64*

10 E Hitt St, Mt. Morris

815-734-4141

## Fast Food Chains

#### Casey's General Store

(Pizza, Subs, etc.)

901 W Washington St, Oregon

815-732-6100

#### Culver's

1317 N Galena Ave, Dixon

815-288-9403

#### Dairy Queen

210 E Washington St, Oregon

815-881-8025

#### McDonald's

211 S 4th St, Oregon

815-732-6035

#### Subway

511 W Washington St, Oregon

815-732-7827

## Casual Food

#### China House

509 W Washington St, Oregon

815-732-0887



(Not open Mondays)

#### **Jay's Drive In**

107 W Washington St, Oregon  
815-732-2396  
(Open seasonally)

#### **Hazel's Café and Chocolates**

307 W Washington St, Oregon  
815-732-7017

#### **Northside BarbaQ**

117 N 4th Street  
(815) 881-8277

#### **Sam's Drive-In**

705 W Blackhawk Dr, Byron  
815-234-8281

#### **Scoops—Deli and Subs**

108 N 4th St, Oregon  
815-881-8353

#### **The Village Bakery**

101 N 3rd St, Oregon  
815-732-3830

### **Pizza**

#### **Alfano's**

801 S 4th St, Oregon  
815-732-2774

#### **Casey's General Store**

901 W Washington St, Oregon  
815-732-6100

#### **Father & Son Pizza**

137 S 4th St, Oregon  
815-732-9700

### **Services**

#### **42 Tech Computer Services**

313 Washington St, Oregon  
815-881-8004

#### **Butitta Brothers Automotive**

1007 Pines Road, Oregon  
815-732-2887

#### **Kunes Country Auto Service**

##### **Department**

601 Gale St. Oregon  
815-205-5501

#### **Laundromat**

210 S 4th St, Oregon

#### **Nash Fitness Center, Oregon Park District / Swim and Fitness Center**

304 S 5th St, Oregon  
815-732-3101

#### **Oregon Post Office**

500 W Washington St, Oregon

#### **Oregon Public Library**

Features the Eagle's Nest Art  
Collection  
300 Jefferson St, Oregon

### **Stores**

#### **Dollar General**

**(Not a dollar store)**

*Closest to LOMC*  
1050 W Pines Rd, Oregon  
815-595-4234

#### **Dollar Tree**

**(dollar store)**

*Next To Walmart*  
1630 Miller St, Dixon IL  
815-288-4015

#### **Walmart**

(approx. 20 minutes south)  
1640 S Galena Ave, Dixon  
815-288-7770

#### **Sullivan's Foods**

101 IL-64, Mt. Morris  
815-734-6868

#### **Super Valu Supermarket**

204 N 4th St, Oregon  
815-732-7870

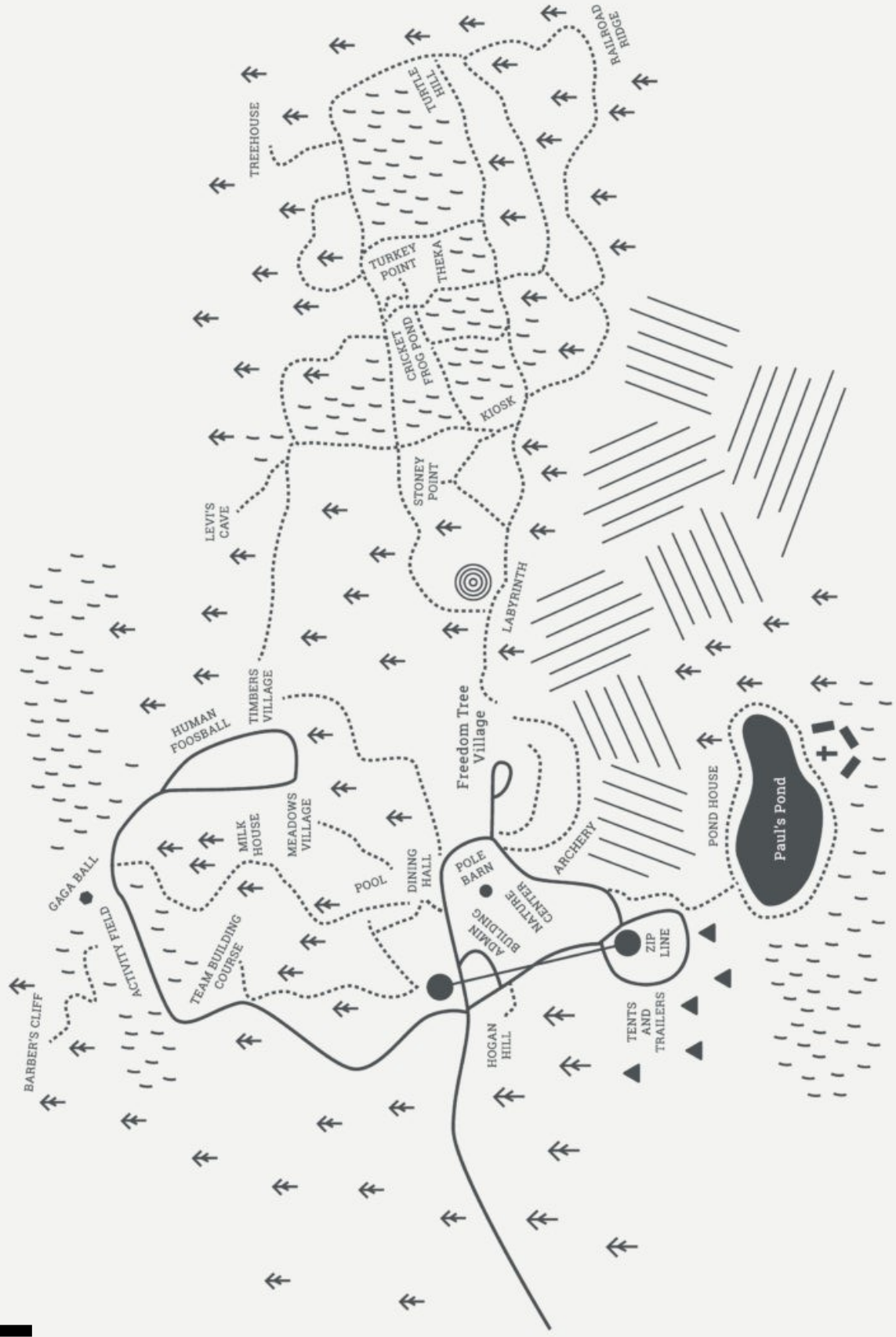
#### **Synders Pharmacy /**

##### **Ace Hardware**

201 N 4th St #1418, Oregon  
815-732-7340

# Map of LOMC

S ↑



# LUTHERAN OUTDOOR MINISTRIES CENTER

815-732-2220

[www.LOMC.org](http://www.LOMC.org)



**LOWER PRAIRIE**

**UPPER PRAIRIE**

